

FCS 1500: Human Development through the Lifespan

Lesson Plan Week 2

Chapter One: The Study of Human Development

Time	Concepts	Objectives	Activities
:00-:10	Ecological Theory	Students will take a situation in today's world, such as: -eating disorders -breast augmentation -women in sports -divorce rates -suicide rate and explain the social changes using Ecological Systems Theory	Quiz. Give the directions as follows the objective. Give them 5 minutes to put their answer on a piece of scratch paper. When they have had adequate time to show they know (or don't know) the concept, have them draw a line under their answer. Then make it a group quiz. They can add anything someone else says under the line.
:10-:40	Psychodynamic Theory	Students will identify essential attributes of Psychodynamic theory and discuss the nature of 'crises' according to Erik Erikson, noting that the resolution of the crisis establishes one's foundational psychological orientation as one progresses to the next crisis.	Put the chart format on the board. Have them brainstorm attributes based on their reading. Add to these. Discuss the nature of progression through stages. Have them make predictions for children who have resolved a stage with an overbalance toward the negative forces. Make sure they know that current thinking continues to support that foundational psychological orientations from childhood influence adult life patterns and choices.
:40-:50	Internalizing the information	Students will answer one of these questions in their notes: -Write a personal example of how this might explain your choices. -What do you disagree with about this theory	Give them ten minutes to come up with personal examples. Those who finish early can have a short break to get water...
:50	Learning Theory	Students will identify essential attributes of Learning Theory. (Cue, Behavior, Consequences, and details associated) Students will identify essential attributes of Social Cognitive Theory Reciprocal Determinism, self-efficacy, how our beliefs about ourselves affects our actions.	Using the chart format, highlight the attributes. Show how consequences can shape a person's development. Discuss finer applications of reinforcers, shaping, fading of consequences. Give a practice problem: "If I want my child to more consistently finish chores, as a behaviorist I would..." Group activity Show the video of Albert Bandura and the research project.

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:00-:20	Social Learning Theory Also called Social Cognitive Theory	Students will give an example from their own lives of how beliefs of self-efficacy in some situation created a reciprocal determinism	Quiz format: 5 minute to write for self 5 minutes as group Give examples in class
:20-:35	Preschool Observation	Students will enter the preschool lab and complete the Boys Observation form, then hand in before they leave class.	Preschool Lab
:35-:60	Sociocultural Theory	Students will identify by writing the attributes of Lev Vygotsky's Sociocultural Theory. They will explain the concepts of Zone of Proximal Development, Private Speech, Task Analysis and Scaffolding.	Use the chart format to help them see this theory for its unique characteristics. Use a drawing to show how the ZPD and the concept of Scaffolding are connected. Highlight that the nature of the interaction requires some attitudes and capabilities of the two in relationship, and that cultural norms are embedded in the ZPD interactions. Language is the key vehicle for transmission of ideas that influence HD. Demonstration: Do a tie tying demo. Pick a student who has no clue how to tie a tie. Demonstrate the ZPD by only jumping in when the student needs help.
:60-:75	Life-Span Perspective	Students will identify attributes of Life-Span Perspective, which was developed more in response to a void in the explanation for adult development: Multi-directional Plasticity Historical Context Multiple Causation (biopsychosocial) Selective Optimization/Compensation	Have students reflect on Multidirectionality. How have their parents or grandparents declined in one area of development while progressing in another? Ask for examples of Plasticity. Give examples of the concept of multiple causation. You can use Social Learning Theory here, showing how our thoughts influence our choices which influence our relationships and social development as well as physical development